

# Woombye fun-runner raises \$250 for charity

A Woombye fun-runner has used the Mooloolaba twilight fun run to raise \$250 toward charity.

Julia Jones-Walker finished 36th out of 119 runners in her age bracket, recording a time of 29minutes 16 seconds, which bettered her personal best by an impressive 4minutes 44seconds.

She was accompanied through the run by good friend Kathryn Hicks.

"We managed to keep going and do our fastest time yet," Ms Jones-Walker said of the 5km event.

"Although we felt tired on the second lap, as we ran up Alexandra Headland, we managed to keep going without stopping, as young kids ran past us. Nathan Spring, my personal trainer at The Local Gym, ran alongside us to encourage us."

Julia decided to raise funds for the Sporting Dreams charity after hearing Paralympian Marayke Jonkers speak at the



*Soaking up the atmosphere after the Mooloolaba tri festival fun run are Sunshine Valley residents Kathryn Julia Jones-Walker and Nathan Spring*

Business Women's Network breakfast on International Women's Day.

She was inspired by her story and her commitment to raise funds to ensure that other disabled athletes could also participate in sports for fun and fitness, or take part in competitions without the financial barrier of paying for vital equipment,

such as racing wheels which cost approximately \$3000 each. Julia raised \$250 on the fun run to support disabled athletes.

"Now that we've overcome our first hurdle - believing we can do it - we're inspired to go and to train for the Brisbane 10k in August," Jones-Walker said.